

To Potential Cheerleaders and Parents:

I would like to thank you for your interest in Harmony School of Excellence Cheerleading. Attached you will find the paperwork that will need to be completed and turned in **no later than Monday, August 6th**. If you do NOT have all of your paperwork completed and on file, you will NOT be permitted to participate in tryouts. Please carefully review all of the information included in this packet and feel free to contact me if you have questions.

Harmony School of Excellence Cheerleading is a **VERY** demanding and time-consuming sport that begins in August and does not finish until April. At Harmony School of Excellence we take great pride in coaching our athletes to their absolute highest potential. While building personal skills in tumbling and cheerleading are important, we are most proud of the character, personal achievement, teamwork, commitment, and resiliency that our athletes gain while being a part of our program. Each student needs to seriously consider the amount of time, hard work and dedication involved with cheering for Harmony School of Excellence before deciding to try out for the team.

Per TEA regulations, you must have a minimum of a **75%** (based on your cumulative G.P.A.) in order to be eligible for tryouts and participate in a sport. All students grades will be checked and verified prior to attending tryouts.

Tryout Clinics and Tryouts are **CLOSED** to the public; there will be no exceptions! **Official Tryouts will be held on Thursday, August 9th from 6:00 PM – 9:00 PM.** You must wear a plain white t-shirt, shorts, gym shoes, and socks. Please have your hair pulled back into a ponytail and NO jewelry. Squad rosters for 2018—2019 will be posted **Friday, August 10th, 2018 approximately at 4:00 PM.**

A *general* expense sheet for participation on the team is also included in this packet. A more detailed account of expenses will be provided for those who make the team. Please read this packet carefully. It will be required that a Parent or Guardian sign and return the agreement sheet before you will be allowed to participate in tryouts.

Please note that students and parents who make the team will need to attend a mandatory meeting on **Tuesday, August 21st from 6:00 PM—7:00 PM.** The payment of \$150 is due at this meeting.

We are looking forward to seeing you at tryouts. Please begin stretching, tumbling and getting into shape now! If you have any questions, please feel free to e-mail Coach Hurt @ bhurt@harmonytx.org.

Cheers and Smiles,
Coach Hurt

2018—2019 TRYOUT INFORMATION



Cheerleading Tryout Dates:

- Clinics will be held on August 7th and August 8th 6:00 PM — 8:00 PM
- Official Tryouts will take place on August 9th from 6:00 PM —9:00PM.

What do you wear to tryouts?

During clinic days please wear comfortable, length appropriate shorts and t-shirt. Dress as if you would dress for cheerleading practice. No basketball shorts or pajamas. No denim shorts, jewelry, or artificial nails. Your hair should also be in a ponytail or off your shoulders (if it is too short for a ponytail).

On official try-out day, you will need to wear black shorts and a solid white t-shirt. Your hair should be in a ponytail or off your shoulders (if it is too short for a ponytail), and no jewelry should be worn or artificial nails.

Selection of the cheerleaders will be based on the following:

- A cheer and dance that will be taught to you during the clinic.
- Jumps (A toe touch, a side herkie, and a front hurdler are required- descriptions and pictures of these jumps can be found on the UCA website.)
- Athleticism and physical fitness
- Scholastic achievement and eligibility
- Conduct
- Attitude, initiative, teamwork, leadership, work ethic, enthusiasm, and coachability

For those who make the squad:

Practices will begin on **Tuesday, August 28, 2018**. These practices are mandatory, and work schedules, vacation, extracurricular activities, etc. should be arranged so the cheerleaders are at practice each day. These practices are important, and attendance is necessary.

PRACTICE SCHEDULE WILL BE GIVEN OUT AFTER TRYOUTS.

PAPER WORK MUST BE TURNED IN BY August 6th, BEFORE PARTICIPATING IN ANY CLINICS

2018—2019 TRYOUT CHECKLIST



The following items are due no later than **Monday, August 6th at 4:00 PM**. You may drop the packets off prior to this date! These should be turned in to the front office of Harmony School of Excellence. Please ask to place the completed packet in Mrs. Hurt's mailbox. **Please place packets in an envelope or folder with the cheerleaders name on the front. If the packet is not in an envelope or folder, the front office will NOT accept it.**

If any one of the items is missing, the student will be unable to participate in tryouts until the papers are submitted.

- _____ Cheerleader Application
- _____ Cheerleading Agreement (Signed by student and parent/guardian)
- _____ Medical information sheet
- _____ Copy of Insurance Card
- _____ Report Card (Must have a cumulative GPA of 75% or higher)
- _____ Attendance Record printout (2017—2018 school year)
- _____ Discipline Record printout (2017—2018 school year)

HSE SA 2018-2019 CHEERLEADER APPLICATION

Basic Information

Name: _____ Email Address: _____

Grade Level (2018-2019): _____ Student #: _____

Please check which squad or squads: I am trying out for....

_____ Elementary Squad _____ Competition Squad

Personal Information

Address: _____

City: _____ State: TX Zip Code: _____

Home Phone #: _____ Athlete's Cell: _____

Mother's Name: _____ Best Contact #: _____

Father's Name: _____ Best Contact #: _____

I live with: _____

Best Email Contact: _____

2018—2019 Financial Obligation

Below is a list of costs that are expected to be associated with Harmony School of Excellence Cheerleading for the 2018-2019 season. In addition to the list below, Cheerleaders and their parents will be asked to participate in various fundraisers throughout the year in order to help- with additional costs that are paid for through the program such as spirit items for pep rallies, choreography and music for competitive routines, competition fees, etc.

FINANCIAL OBLIGATIONS

1. Athletic Participation fee: (\$150.00) includes the below
 - a. Uniform Rental (Top, Undershirt, and Skirt)
 - b. Bloomers
 - c. Pom Poms
 - d. Cheer Bow
2. Competition fees: (TBD) Competition Team Only
UCA Cheerleading Camp (\$336.00)
 - a. Cheerleading camp is for Competition Team Only.
 - b. Price includes meals, lodging, & instruction
3. Camp/Practice clothes, personal uniform necessities
 - a. This price will vary depending on the athlete and his/her needs

An itemized list of all costs pertaining to cheer will be distributed at the parent meeting on August 21st for those who make a team. Parents need to bring their checkbook/cash to the meeting because certain items must be paid immediately.

ITEMS *NOT* INCLUDED IN CHEER FEES

- White Cheer Shoes
- Family spirit wear (optional)
- Additional practice clothes (optional)
- Camp Gear (competition team)

REQUIRED:

Spirit Bags

- 1 – 10 count markers
- 1 – 1 Variety Pack of Chips
- 1 – 1 case of Water
- 1 – Large bag mixed candy
- 1 – 2 pack of Glue Sticks
- 1 – Scissors

OPTIONAL but Highly Recommended:

- Ankle brace/support
- Knee brace/support
- Wrist brace/support

HSE SA CHEERLEADING CONTRACT



Please take a moment and read carefully to ensure that you fully understand the expectations of Harmony School of Excellence Cheerleaders. After reading each item, both the prospective cheerleader and his or her parent will need to initial each item.

 (Athlete's initials) (Parent's initials)

You are a **STUDENT FIRST** and an athlete second. We believe as members of our Cheerleading program that all our athletes should strive for academic excellence in the classroom. Your education is your **NUMBER ONE** priority.

 (Athlete's initials) (Parent's initials)

SAFETY is of the utmost importance. In order to provide the safest environment, we must all be working as a team and looking out for each other. While stunting you should be focused and serious. It is important to be aware of your surroundings when stunting and tumbling. You must follow the coach's or captain's instructions at all times. Failure to follow the established safety guidelines will result in possible suspension or dismissal from the team (at the coach's discretion.)

 (Athlete's initials) (Parent's initials)

All athletes are expected to comply with the rules set forth by the Harmony Public School Board Student Code of Conduct and the rules mandated by HPS. The rules associated with the student code can be found online at <https://hse-sanantonio.harmonytx.org/>

 (Athlete's initials) (Parent's initials)

If an athlete has more than 3 unexcused absences during practices, games, and events. The first 2 infractions will result in interventions by the coach and the 3rd infraction will result in suspension and/or dismissal from the team.

 (Athlete's initials) (Parent's initials)

An excused absence is limited to mandatory school functions for a grade, death in the family, or contagious illness (doctor's note must be provided). Missing practice for any reason other than the three listed previously will result in an unexcused absence. Unexcused absences include but are not limited to:

- Too much homework/ studying, unable to find a ride.

 (Athlete's initials) (Parent's initials)

Any action deemed a serious violation that undermines the school or program warrants immediate dismissal. (OSS, Inappropriate Actions, any action unbecoming of a Harmony Cheerleader, etc.)

 (Athlete's initials) (Parent's initials)

Respect yourself, parents, teachers, administrators, coaches, teammates, and classmates **AT ALL TIMES!**

 (Athlete's initials) (Parent's initials)

Inappropriate displays of behavior from parents can also result in removal of athletes from teams. This applies in all situations. Such situations include, but are not limited to: practices, performances, and competitions.

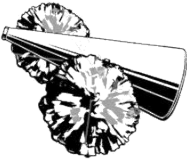
 (Athlete's initials) (Parent's initials)

Profanity at school, during practices, games, events, or within community does NOT represent Harmony Cheerleading. Remember you are an ambassador for our school; please conduct yourself in a manner that represents our school in a positive light.

I, _____ (parent), and I, _____ (athlete) understand, accept and agree to all of the terms and conditions within the Harmony School of Excellence Evaluation Packet.

_____/_____/_____
 Parent/Guardian's Signature Date Participant's Signature Date

HARMONY CHEERLEADING MEDICAL INFORMATION SHEET



Please take a moment to fill out the below information regarding your son/daughter to the best of your knowledge.

Do you have any physical limitations? YES NO
If yes, please list with explanation:

Doctor: _____ Phone #: _____

Dentist: _____ Phone #: _____

Insurance Company: _____ Policy #: _____

Are you allergic to any medications? YES NO
If yes, please list:

Are you currently taking any medications? YES NO
If yes, please list:

Are you currently being treated for any injuries? YES NO
If yes, please list:
